

# How to Access Alternative Services

## Public Services

If you have a family doctor or pediatrician, speak with them about your concerns and they may be able to guide you to appropriate services.

Alberta Health Services (AHS) offers Pediatric Community Rehabilitation services, which includes:

- **Speech Language Pathology**
  - o For families who have concern's with their child's communication skills (speech, language, social communication).
- **Occupational Therapy**
  - o Provides assessment and intervention to support parent concerns related to:
    - daily routines such as eating, sleeping, hygiene, dressing or transitions
    - walking, running; movement and fine motor skills
    - play
    - interaction with others and behaviour
- **Physiotherapy**
  - o Provides services for concerns related to gross motor development

To access any of these services, there is one Central Access phone number you can call: **780-735-3489**. You will complete an intake over the phone and be directed to the appropriate services. More information can be found on this website:

<https://www.albertahealthservices.ca/findhealth/service.aspx?Id=1060203>

## AHS Audiology

- If you haven't already, it is recommended children have a hearing assessment done to rule out any difficulties hearing the sounds we use when we speak.
- To access services:
  - o Call central access at **780-735-3489**
  - o Website:  
<https://www.albertahealthservices.ca/findhealth/service.aspx?Id=1028006&facilityId=7820>

## Early Intervention Program

- This is a program through AHS that provides supports for families for children under 3 years old who are showing developmental delays in multiple areas.
- To access services:
  - o Website: <https://www.albertahealthservices.ca/findhealth/Service.aspx?id=5818>
  - o In Edmonton, call central access at **780-735-3489**
  - o For other locations, visit this website to find the appropriate contact information:  
<https://www.albertahealthservices.ca/services/page4554.aspx>

## Private Services

These services would be at your own cost. Different clinicians may have different fees for their services. If you have coverage through an insurance plan or a Health Spending Account through an insurance plan, the cost of services may be partially or fully covered. Please check with your insurance company.

### Private Speech Language Pathologists (SLPs)

- A list of private SLPs can be found on the website from the Alberta Speech-Language Association of Private Practitioners: <https://asapp.ca/item/> You can filter by location, age group, and services offered.

### ISTAR (Institute for Stuttering Treatment And Research)

- ISTAR is a world-renowned clinic for treatment of dysfluency and stuttering. They offer a wide range of treatment options with some cost, although they do have some funding options that may help. You can apply for an assessment directly on their website. <https://www.ualberta.ca/stuttering-speech-therapy/index.html>

### Corbett Clinic

- Treatment is provided by student clinicians who are directly supervised by a registered SLP. There is a cost for services, however the clinic aims to offer a reduced rate compared to private SLP fees. Contact the clinic for current fees and payment plans. <https://www.ualberta.ca/rehabilitation/student-services/clinical-education/student-clinics-and-programs/corbett-clinic.html>

### Private Occupational Therapists (OTs)

- A list of private occupational therapists can be found on the Society of Alberta Occupational Therapists (SAOT) website: [https://www.saot.ca/find-an-ot/?wpv\\_view\\_count=54581&wpv-wpcf-city=+Edmonton&wpv-wpcf-what-are-your-areas-of-practice=Children+and+youth&wpv\\_filter\\_submit=Search](https://www.saot.ca/find-an-ot/?wpv_view_count=54581&wpv-wpcf-city=+Edmonton&wpv-wpcf-what-are-your-areas-of-practice=Children+and+youth&wpv_filter_submit=Search)